

Tincture

151 proof Bacardi Rum or 151 Ever Clear Vodka OR 190 proof Ever Clear

sub-lingual (15 minute wait)

or

add to tea (in tea is like an edible-have to wait 1 or more hour)

these tinctures have lasting power

store in freezer or cool dark place..good shelf life

2-3 drops UNDER tongue Let the drops rest (might feel a little hot) .
wait a bit (10-15 minutes) ...titrate as needed

Tinctures are perhaps the least popular and beloved way of consuming marijuana. They don't have the ritual that comes with smoking, nor the fun of edibles. Some long-term weed lovers might not even know exactly what tinctures are. Well, to clear that up, tinctures are a liquid concentration of cannabis, where the THC and cannabinoids have been leached out into alcohol. Put a few drops of this concentrated serum under your tongue, and within a few minutes you'll be feeling the effects.

Why are tinctures underrated, in my opinion? Unlike edibles, the effects of tinctures can be felt rather rapidly, usually within 15 minutes. Although the high varies with respect to the type of bud used, tinctures are known for delivering a peak rather rapidly and then bringing a steady high over a long period of time. Unlike eating weed, you won't be waiting around for an hour and a half, wondering if you've peaked yet and if it's safe to go about your daily activities, or if you should resign your seriously baked self to the house. Tinctures don't have a smell (unless you open the bottle!), so you can discreetly carry some with you wherever you go, and you won't have to worry about finding a place to smoke. Let's face it, even with a medical marijuana card, it makes sense to avoid the stress of a run in with the law and having to explain yourself.

